

## ■ Move into Action: Your Relationships

Use this tool to assess your relationships. Think of the top five people you're closest to; the goal here is to determine if each of them is a positive or negative influencer. Make sure your answers are a true depiction of the person. Once you have completed this, consider how to move forward with those relationships.

List your top five people in this column.	How much generosity and goodwill do you share with each other?	Does this person add weight to your life or lift you up?	What would your reflection look like without this person?	Looking at all of your previous answers, is this person a positive or negative influencer?
1.				
2.				
3.				
4.				
5.				